



Newsletter

No. 4. 6th November 2020

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In Our Lady's Catholic Primary School we learn about God and try to follow his footsteps by showing care and respect for one another.

I really appreciate your compliance with the additional safety measures, wearing of face coverings etc at school drop off and pick up times. Your continued support is necessary in order that we keep the whole school community as safe as possible.

The school is having to keep windows and doors open for ventilation and as the weather gets colder you need to ensure that children have enough layers on to keep warm. Please ensure that they wear a school jumper and a school PE Hoodie on PE days. Please order these via Scopay if required.

We are purchasing some woolly ski hats which will be available via Scopay shortly to wear for outdoor PE lessons. We are also purchasing some new school rucksacks to use as school bags.

Mr Meech, Principal

Autumn Term Dates

Thur 3rd Dec	Non Pupil Day—School Closed
Weds 16th Dec	Christmas Dinner
Fri 18th Dec	Last day of term
Mon 4th Jan	Pupils Return to School

Individual Photos

Order forms and proofs have been sent home for these. If you would like to purchase any photos please can you bring the Tempest envelope with your order and payment by Friday 13th November. Thank you.



Depart for Education Coronavirus (COVID19) Helpline

The Department for Education Coronavirus (COVID19) helpline is available to answer questions about coronavirus (COVID19) relating to education and children's social care. 0800 046 8687 Mon to Fri 8am to 6pm

The next newsletter will go home on: Friday 20th November 2020

Symptoms checker

Only people with COVID-19 symptoms need to get tested –

A high temperature
OR new, continuous cough
OR loss or change to sense of smell or taste

Visit 111.nhs.uk/covid-19 if you're not sure.

Devon
County Council

Symptoms	COVID-19 Mild to severe	Cold Gradual onset	Flu Rapid onset
Fever/high temperature (37.8°C or above)	Common	Rare	Common
New cough	Common (usually dry and continuous)	Sometimes	Common (usually dry)
Recent loss or change to sense of taste or smell	Common	Rare	No
Fatigue	Sometimes (common in children)	Sometimes	Common
Sneezing	No	Common	No
Aches and pains	Sometimes	Common	Common
Runny or stuffy nose	Rare	Common	Sometimes
Sore throat	Sometimes	Common	Sometimes
Diarrhoea	Rare (sometimes for children)	No	Sometimes (for children)
Headaches	Sometimes	Rare	Common
Shortness of breath	Sometimes	No	No

Do it for your ► FamilySchoolDevon

Our Lady's School takes incidents of bullying, including on-line safety seriously. For further information the school's policy is available on our website or please see your child's class teacher if you have any concerns. www.safer.internet.org.uk

Advice for Parents from Devon County Council

What if...	You need to...	Return to school...
My child has COVID-19 symptoms?	<p>Keep your child at home and tell school they have COVID-19 symptoms</p> <ul style="list-style-type: none"> • Get your child tested and tell school the result. • Self-isolate whole household while waiting for test result (If unable to get a test, child must self-isolate for 10 days from when their symptoms started and rest of household must self-isolate for 14 days) 	if your child's test result is negative and they feel completely well. They should be without a high temperature for at least 24 hours.
My child tests positive for COVID-19?	<p>Keep your child at home and tell school test result</p> <ul style="list-style-type: none"> • Self-isolate your child for 10 days from when their symptoms started (or from day of test if no symptoms). • Self isolate your whole household for 14 days from when your child's symptoms started (or from day of test if no symptoms) even if someone else in the household tests negative during that time. 	after completing 10 days self-isolation and they feel completely well. They should be without a high temperature for at least 24 hours. They can return to school even with a cough or loss/change of taste or smell as these symptoms can last for several weeks after the infection has gone.
We have travelled and must self-isolate due to quarantine rules?	<p>Keep your child at home and tell school</p> <ul style="list-style-type: none"> • Household members that travelled must self-isolate for 14 days, even if someone tests negative in that time. • Please do not take unauthorised leave during term, and consider quarantine requirements and government advice when booking travel. 	when your child has completed 14 days self-isolation (even if they test negative during that time) and does not have any COVID-19 symptoms.
We receive advice from a medical/ official source that my child must resume shielding?	<p>Keep your child at home and contact school to discuss</p> <ul style="list-style-type: none"> • Shield your child until you are told that restrictions are lifted, and shielding is paused again. 	when you are told that restrictions are lifted, and shielding is paused again.
My child has a runny/ stuffy nose or sore throat, but does not have COVID-19 symptoms	<p>Think about whether your child is well enough to go to school or not</p>	If you think your child is well enough, and they do not have any symptoms of COVID-19. Use the NHS111 symptom checker if you're not sure

CORONAVIRUS

NATIONAL RESTRICTIONS

5 November to 2 December

National restrictions apply to England:

Meeting Indoors



You cannot meet anybody socially indoors unless they are in your household or support bubble.

Meeting Outdoors



You can meet with 1 person from another household in outdoor public spaces, following social distancing. Children under 5 and anyone dependent on continuous care do not count towards the 2 person limit.

Weddings and Funerals



Weddings and civil partnership ceremonies can only take place where one of those getting married is seriously ill and not expected to recover. Funerals can take place with up to 30 people in attendance.

Working from home



You must work from home if you can. If you cannot work from home you should continue to go to work (unless you are clinically extremely vulnerable).

Essential Shops



Open. Essential shops should follow COVID-secure guidelines.

Non-essential Retail



Closed. Can only open for click-and-collect and delivery services.

Exercise



You can exercise outside on your own or with your household; your support bubble; or one person from another household.

Leisure and Gyms



Closed. Except for allotments and outdoor playgrounds.

Hospitality



Closed except for takeaway, click-and-collect, drive through and delivery services. Takeaway not permitted after 22:00.

Education



Early years, schools and FE colleges open. Universities must reflect wider restrictions.

Healthcare Services



You can leave home for any medical reason.

Residential Care



Care homes are encouraged to provide safe, COVID-secure visiting opportunities. See the guidance for details on how to keep visits safe.

Travel



You must not travel in the UK or overseas other than for permitted reasons, including work, education, medical reasons, caring responsibilities or for essential retail.

Public Transport



You may still use public transport, but should only travel for permitted reasons and should look to reduce the number of journeys you make, avoid travelling at peak times, and walk or cycle where you can.

Overnight Stays



Overnight stays and holidays away from primary residences are not allowed, except for work and other exempt purposes.

Entertainment and tourism



Entertainment venues are closed. Public gardens at visitor attractions are open.

Vulnerable People



If you are 60+ or clinically vulnerable, be especially careful to follow the rules and minimise contacts with others. If you are clinically extremely vulnerable you are advised to stay at home as much as possible, except to go outdoors for exercise or to attend essential health appointments.

Worship



Closed. Except for: funerals, broadcasting acts of worship, and individual prayer.

Childcare



Registered childcare and childcare activities open to enable parents to work, or for respite care. Parents can form a childcare bubble with another household for informal childcare, where the child is 13 or under.

Youth Clubs and Activities



Some youth services are able to continue, such as 1-1 youth work and support groups, but most youth clubs and groups will need to cease for this period.

For more information and detailed guidance visit:
gov.uk/coronavirus

