

## OUR LADY'S CATHOLIC PRIMARY SCHOOL

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Principal: Robert Meech

Parents/Carers of Children in Puffin Class

11th October 2017

Dear Parents/Carers

Re: Head Lice

There has been another case of Head Lice reported in your child's class and I am writing to ask for your co-operation.

Please check your children's and close family members' head tonight and regularly over the next four weeks. This can be done by:

- 1. Applying any conditioner to wet hair.
- 2. Leaving conditioner in hair for at least 20 mins
- 3. Comb hair with a "louse comb" (available from chemists or supermarkets)
- 4. Rinse hair thoroughly.

This "wet combing" method should be carried out every other day for two weeks. This will ensure that all live lice, including any which might have hatched during the two week period, are removed.

It is imperative that if you see any eggs or live lice in your child's hair then they must be treated immediately to ensure that they are not spread to other children.

An alternative to wet combing is the use of insecticides. People with eczema and asthma need to use water-based lotions. Your GP or pharmacist will advise you on the correct insecticide.

Please make sure that girls' long hair is tied back **at all times** - this may help prevent lice moving from one head to another.

Thank you.

Yours sincerely,

Rob Meech Principal



