

	HOT SPECIALS...	DAILY FAVES...	WEEK 3	W/C: 03/05 24/05 14/06 05/07 26/07
MONDAY	<b>Chinese Veggie Noodles</b> ✓ Egg noodles with stir fried vegetables <b>Cheese and Tomato Pizza with Dough Balls</b> ✓ Cheesy tomato topped pizza slice	<b>Jacket Potato</b> ✓ with a choice of fillings <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>SIDES...</b> Sweetcorn and Broccoli	<b>PICK A PUD!</b> Raspberry Yoghurt Cake
TUESDAY	<b>Sausage and Mash with Gravy</b> Traditional pork sausage and mash with rich gravy <b>Vegetarian Sausages with Mashed Potato</b>	<b>Jacket Potato</b> ✓ with a choice of fillings <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Peas and Carrots</b>	<b>Peach Shortbread Pudding with Custard</b>
WEDNESDAY	<b>Roast Turkey with Roast Potatoes &amp; Gravy</b> Roast turkey with fluffy roasties and tasty gravy <b>Quorn Roast with Roast Potatoes &amp; Gravy</b>	<b>Jacket Potato</b> ✓ with a choice of fillings <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Carrots and Cabbage</b>	<b>Flapjack with Fresh Cut Fruit Slices</b>
THURSDAY	<b>Pasta Bolognese</b> A classic Italian beef bolognese in a yummy tomato and beef sauce <b>Mild Chickpea &amp; Potato Curry with Rice</b> ✓ A tasty chickpea and potato masala	<b>Jacket Potato</b> ✓ with a choice of fillings <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Sweetcorn and Broccoli</b>	<b>Chocolate Apricot Brownie</b>
FRIDAY	<b>Golden Fish Fingers and Chips</b> <b>Bean and Cheese Quesidilla</b>	<b>Jacket Potato</b> ✓ with a choice of fillings <b>Tomato Pasta</b> ✓ Fresh, homemade tomato and basil sauce with penne pasta	<b>Baked Beans and Peas</b>	<b>Vanilla Ice Cream</b>



**Food Super Heroes Menu**

**YOUR FAVOURITES** available every day

**OUR NEW MENU!** chosen by our parents and children

**£2.34**

**THREE WEEK MENU**  
AUTUMN/WINTER 2020

Chartwells



MONDAY


## HOT SPECIALS...

**Cheese & Tomato Pizza with Potato Wedges**   
Cheese & tomato pizza slice

**Burrito**   
A soft wrap filled with lightly spiced veggies and rice


TUESDAY

**Hot Dog**  
Pork Sausage in a soft sub roll

**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**   
A chunky sweet potato and chickpea roast

THURSDAY

**Bacon All Day Breakfast with Potato Wedges**  
A yummy all day breakfast with bacon and potato wedges

**Hotdog with Potato Wedges**   
Our favourite veggie hotdog served in a soft sub roll


FRIDAY


**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips



**Meat-free Nuggets and Chips**   
Crispy Quorn nuggets with their fave sauce - ketchup

## DAILY FAVES...

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings including salmon mayo

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

## WEEK 1

W/C: 19/04 10/05 31/05  
21/06 12/07

## SIDES...

Coleslaw  
and  
SweetcornPeas  
and  
BroccoliCarrots  
and  
CabbageBroccoli  
and  
SweetcornBaked Beans  
and  
Peas

## PICK A PUD!

Brownie

Oatie Cookie

Apple & Berry  
Crumble with  
CustardShortbread  
with fruit slicesVanilla Ice  
Cream

MONDAY

## HOT SPECIALS...


**Cheese & Tomato Pizza with Potato Wedges**   
Cheese & Tomato pizza slice

**Quorn Bolognese**

**Chicken Tikka Masala with Rice**   
Succulent chicken in a mild creamy sauce

**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

**Roast Gammon with Roast Potatoes**  
Tender roast gammon with fluffy roast potatoes & gravy

**Country Vegetable Pie with Roast Potatoes and Gravy**   
Creamy vegetable pie with a shortcrust topper

**Lasagne with a Garlic & Herb Bread Wedge**   
A classic Italian beef lasagne in a yummy tomato sauce

**Vege Balls in Tomato Sauce with Pasta**    
Vege balls in a tomato sauce with pasta

**Southern Fried Chicken Tasters with Chips**  
Lightly seasoned crispy chicken strips and scrummy chips

**Vegetable Sausages with Chips**

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

## DAILY FAVES...

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

**Jacket Potato**   
with a choice of fillings

**Tomato Pasta**    
Fresh, homemade tomato and basil sauce with penne pasta

## WEEK 2

W/C: 26/04 17/05 07/06  
28/06 19/07

## SIDES...

Sweetcorn  
and  
Broccoli & CauliflowerBroccoli  
and  
PeasCabbage  
and  
CarrotsSweetcorn  
and  
BroccoliPeas  
and  
Baked Beans

## PICK A PUD!

Crunchy  
Chocolate  
BiscuitRaspberry  
Ripple CakeStrawberry Ice  
CreamChocolate  
CakeOatie Biscuit  
with Fresh Cut  
Fruit Slices 

Water, salad,  
freshly baked bread,  
yoghurt & fresh fruit

Available  
every day!

 Vegetarian  Oily fish  
 Wholegrain  Fruity!

