



LONG TERM PLAN PSHE/Citizenship & British Values/SEAL

	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Yrs 1 3 5	WE'RE ALL STARS! <ul style="list-style-type: none"> • Community • Rights and responsibilities • Getting to know each other • Working together 	BE FRIENDLY, BE WISE <ul style="list-style-type: none"> • Making and sustaining friendships • Conflict resolution • Anti-Bullying • Keeping safe at home and outdoors 	LIVING LONG, LIVING STRONG <ul style="list-style-type: none"> • Healthy eating and exercise • Goal-setting and motivation 	DARING TO BE DIFFERENT <ul style="list-style-type: none"> • Identity and self esteem • Difference and diversity • Peer influence and assertiveness 	DEAR DIARY <ul style="list-style-type: none"> • Comfortable and uncomfortable feelings • Problems in relationships • Anti-bullying • Help and support 	JOINING IN AND JOINING UP <ul style="list-style-type: none"> • Needs and responsibilities • Participation • Local democracy • Voluntary groups • Fund-raising activities
Yrs 2 4 6	IT'S OUR WORLD <ul style="list-style-type: none"> • The wider community and local democracy • Rights and responsibilities • Environmental awareness and sustainability issues 	SAY NO! <ul style="list-style-type: none"> • Drugs Education: medicines and legal drugs • Drugs Education: illegal drugs and risk-taking behaviour • Feeling safe • Anti-bullying 	MONEY MATTERS <ul style="list-style-type: none"> • Understanding finance and money • Shopping and budgeting • Risk and debt • Goal-setting and motivation 	WHO LIKES CHOCOLATE? <ul style="list-style-type: none"> • Fair trade • Globalisation • Inequalities • Hunger and poverty • Media and stereotyping 	PEOPLE AROUND US <ul style="list-style-type: none"> • Global citizenship • Different identities around the world and at home • Challenging prejudice • Support networks – relationships and families 	GROWING UP <ul style="list-style-type: none"> • Managing change • Preparing for transition
Whole school focus	Rewards and consequences, school rules Setting up a School Council	Bonfire Night Armistice Day St Andrew's Day Road Safety Wk National Anti-bullying Wk	Chinese New Year	St David's Day Fairtrade Fortnight World Book Day Sport Relief Mother's Day	St George's day/Shakespeare day Unicef Day for Change	Father's Day

	WE'RE ALL STARS!	BE FRIENDLY, BE WISE	LIVING LONG, LIVING STRONG	DARING TO BE DIFFERENT	DEAR DIARY	JOINING IN AND JOINING UP
Yr 1	<ol style="list-style-type: none"> 1. Devising a class charter 2. Getting to know each other 3. Problem-solving 4. Looking after each other 5. Happy playtimes 6. Making fair choices 7. Being a school councillor 	<ol style="list-style-type: none"> 1. Making friends 2. Falling out with a friend 3. Managing anger 4. Anti-bullying 5. Hazards in the home and fire safety 6. Road safety 	<ol style="list-style-type: none"> 1. Families and care 2. Looking after our teeth 3. Staying healthy 4. Setting a simple personal goal 	<ol style="list-style-type: none"> 1. Our likes and dislikes 2. Feeling proud 3. Being special 4. Recognising worries 5. Staying calm and relaxed 6. Standing up for myself 	<ol style="list-style-type: none"> 1. Asking for help 2. Feeling loved and cared for 3. Managing Uncomfortable feelings – proud and jealous 4. Thoughts, feelings and behaviour 5. Dealing with worries 6. Supporting each other 	<ol style="list-style-type: none"> 1. Listening effectively 2. Expressing opinions 3. Knowing right and wrong 4. Needs of living things 5. Developing responsibility - looking after animals 6. Who else looks after animals?
Yr 3	<ol style="list-style-type: none"> 1. Devising a class charter 2. Gifts and talents 3. Exploring feelings 4. Working cooperatively 5. Happy playtimes 6. Having opinions 7. Rights/ responsibilities 	<ol style="list-style-type: none"> 1. The importance of friends 2. Falling out with a friend 3. Managing anger 4. Anti-bullying 	<ol style="list-style-type: none"> 1. Personal space 2. Family differences 3. Feeling happy 4. Staying healthy 5. Overcoming barriers to reaching goals 	<ol style="list-style-type: none"> 1. Similarities and differences 2. Feeling good about yourself 3. Surprises 4. Hopeful and disappointed 5. Hiding or showing feelings 6. Standing up for myself 	<ol style="list-style-type: none"> 1. Knowing where to go for help 2. Taking responsibility 3. Making wise choices 4. Managing uncomfortable feelings - loss 5. Dealing with worries 6. Supporting each other 	<ol style="list-style-type: none"> 1. Jobs at home and in school 2. Representation – local council 3. Voting and debating 4. Having a say in the school community 5. Voluntary, community and pressure groups 6. Fund-raising
Yr 5	<ol style="list-style-type: none"> 1. Devising a class charter 2. Gifts and talents 3. Exploring feelings 4. Working cooperatively 5. Communication skills 6. Role models 	<ol style="list-style-type: none"> 1. Different types of friends 2. Conflict resolution 3. Managing anger 4. Anti-bullying 5. First Aid 6. Anti - bullying 	<ol style="list-style-type: none"> 1. The concept of well-being 2. Being an effective learner 3. Role models - aspiration and enterprise 	<ol style="list-style-type: none"> 1. Differences of opinion 2. Agreeing and disagreeing 3. Risky choices 4. Standing out from the crowd 5. Being assertive 	<ol style="list-style-type: none"> 1. Knowing where to go for help 2. Managing uncomfortable feelings - embarrassment 3. Put-downs and boost ups 4. Breaking friends 5. Forgiveness 6. Supporting each other 	<ol style="list-style-type: none"> 1. Anti-social behaviour and the consequences of crime 2. Rules and laws 3. The local courts 4. Voting and debating 5. Having a say in the school community 6. Fund-raising 7. Human rights

	IT'S OUR WORLD	SAY NO!	MONEY MATTERS	WHO LIKES CHOCOLATE?	PEOPLE AROUND US	GROWING UP
Yr 2	<ol style="list-style-type: none"> 1. Devising a class charter 2. Getting to know each other 3. Communities we belong to 4. Saving energy around the school 5. Recycling 6. Pollution 	<ol style="list-style-type: none"> 1. Drugs Ed: medicines 2. Drugs Ed: household substances 3. Drugs Ed: the dangers of smoking 4. Drugs Ed: the dangers of alcohol 5. Feeling safe: real and imaginary hazards 6. Anti-bullying 	<ol style="list-style-type: none"> 1. Why do we have money? 2. Keeping money safe 3. Can I afford it? 4. Wants and needs 5. What does it mean to be rich? 6. Setting a simple goal 	<ol style="list-style-type: none"> 1. Foods from around the world 2. Customs and rituals 3. Special day foods and celebrations 4. How much chocolate do we eat? 5. Where does chocolate come from? 6. Fair trade principles 	<ol style="list-style-type: none"> 1. Special people 2. People who help us 3. Feeling lonely 4. Different kinds of families 5. Difficult choices - leaving home 6. People and places around the world 	<ol style="list-style-type: none"> 1. Being unique 2. Making change happen 3. Changing our behaviour
Yr 4	<ol style="list-style-type: none"> 1. Devising a class charter 2. Understanding rules and laws 3. Saving energy 4. Climate change 	<ol style="list-style-type: none"> 1. Drugs Ed: risk taking 2. Drugs Ed: legal and illegal drugs 3. Drugs Ed: effects and risks of smoking 4. Drugs Ed: effects and risks of drinking alcohol 5. Keeping safe in my local area: say no to gangs 6. Anti-bullying 7. Good risks and bad 	<ol style="list-style-type: none"> 1. Keeping track of my money 2. Paying for goods 3. Family expenses 4. Planning and budgeting 5. Charity work 6. Fund-raising for charity 	<ol style="list-style-type: none"> 1. The real cost of chocolate 2. What is fair trade? 3. Consumer power 4. The media and information 5. Advertising 6. Recognising and challenging stereotypes 	<ol style="list-style-type: none"> 1. Similarities and differences 2. How we are all connected 3. Living and working cooperatively 4. Recognising and challenging prejudice 5. Gender stereotypes 6. Contributing to society – jobs people do 	<ol style="list-style-type: none"> 1. Wishes, hopes and dreams 2. Positive change 3. Unwelcome change
Yr 6	<ol style="list-style-type: none"> 1. Devising a class charter 2. Understanding democracy 3. Environmental awareness and responsibility 4. Climate change 5. Sustainability issues 	<ol style="list-style-type: none"> 1. Drugs Ed: risk taking and dealing with pressure 2. Drugs Ed: legal and illegal drugs 3. Drugs Ed: say no to smoking 4. Drugs Ed: attitudes to alcohol 5. Keeping safe in my local area: say no to knives 6. Anti-bullying 	<ol style="list-style-type: none"> 1. Earning money 2. Value for money 3. Lending and borrowing money 4. Achieving goals 5. Deductions and expenses 6. Poverty 	<ol style="list-style-type: none"> 1. Rich and poor nations 2. Trade across the world 3. Global footprints 4. Food shortages and hunger 5. Fairness and responsibility 6. Reporting the news 	<ol style="list-style-type: none"> 1. National, religious and ethnic identities in the UK 2. Different types of relationships 3. Stereotyping and judgement 4. Put-downs and conflict 5. Ending friendships 6. Forgiveness 7. Feeling safe with secrets. 	<ol style="list-style-type: none"> 1. Common responses to change 2. Transition and moving on 3. What to do in an emergency